



Testofen®

P32796

- Standardised to a proprietary mix of saponin glycosides “Fenuside™”
- Associated with boosting vitality

Testofen® is a fenugreek extract standardised for 50% Fenuside™. Fenugreek contains over 100 phytochemical constituents, including furostanol saponins and steroidal saponins, and has multiple applications.

Testofen® is unique in that it is standardised to a proprietary matrix of saponin glycosides which Gencor™ has named Fenuside™. These constituents in Testofen(r) can support healthy sexual desire and vitality, muscle mass and free testosterone levels whilst also helping to reduce the normal symptoms of andropause in men.

Supplementing diets with products containing Testofen® and regular resistance exercise can help men maintain healthy levels of free testosterone which are already within the normal range — in turn, this supports multiple bodily functions.

Research:

Both animal and human studies have been conducted on Testofen®. A 2009 study on 60 healthy males found a statistically significant increase in the sexual function, performance and satisfaction of the group.

A 2015 study on 60 subjects observed significant support for serum creatine levels compared to a placebo, signifying support for creatine uptake and recycling in muscle cells.

A 2016 study on 120 male subjects found that Testofen® significantly reduced the normal symptoms of andropause, improved sexual health by significantly increasing arousal, sexual desire, sexual activity as well as helping to maintain healthy levels of free and total testosterone levels.

Product applications:

- Tablets and capsules
- Snacks
- Drinks
- Powder blends
- Food

Sectors:

- Health & wellbeing
- Healthy snacking
- Sports nutrition
- Food & beverage

Dietary:

- Vegan

Allergens:

- None



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