

Ingredients for sexual health

Testofen®

(P32796)

Our partner ingredient for men's health ingredient that has been clinically studied to help improve libido, orgasm, and overall sexual physiological functioning. As this product can help to increase levels of testosterone, it may be a useful addition to products tailored to ageing men looking to decrease the symptoms of andropause.

This is our partner ingredient for women's sexual health. Libifem® has been clinically studied to help improve women's libido and physiological functioning. After two weeks of supplementation, participants in a clinical study had higher serum levels of estradiol and testosterone. Low estradiol is linked to low arousal and lubrication and low testosterone is associated with low sexual desire. It is no surprise that during the trial, sexual activity increased by 100%.

Libifem®

(P51590)

KSM-66 Ashwagandha®

(P11206)

A study on female sexual wellness and general wellbeing using 300mg twice/day for 8 weeks on 80 participants found that there was a 40% increase in arousal, 48.7% improvement in lubrication, 75.7% improvement in orgasm, 71.6% improvement in desire and 80.8% improvement in satisfaction and 18.3% increase in the number of total sexual encounters.

A study on male fertility and testosterone of 225mg 3x per day found a 167% increase in sperm concentration, 53% increase in sperm volume, 57% increase in sperm motility, and 17% increase in serum testosterone levels. This was a 12 week-long study on 46 participants.

In a 2002 study, maca was studied for its ability to increase sexual desire in men, while a 2008 study showed it decreased sexual dysfunction in postmenopausal women.

Maca

(P1301)

Selenium & Zinc

(P32322)

(P2609)

Selenium and Zinc make your male sexual health products stronger by allowing access to the following claims:

Selenium: Contribution to normal spermatogenesis

Zinc: Contributes to the maintenance of normal testosterone levels in the blood