

Top ingredients for menopause products

Need to make your menopause products stand out from the crowd?
Look no further than our portfolio of menopause ingredients. We have one for every symptom you might be trying to address!

Genopause®

Blend of 4 herbal extracts - (Asparagus racemosus, Withaniasomnifera [Ashwagandha], Commiphora mukul, Tinospora cordifolia [Guduchi]).

A daily dose of 500mg twice/ day has been shown to:

- Help reduce hot flushing
- Help improve sleep
- Help improve fatigue
- Help decrease feelings of nervousness
- Help improve mood



VeriSpense®

Our partners at Pharmako have enhanced the bioavailability of Evolva's Veri-te® with their LipiSpense® technology. Veri-te® has been studied and shown to help improve the menopausal symptoms of:

- Bone de-mineralisation
- Brain fog
- Pain perception

When combined with LipiSpense® technology, this ingredient bioavailability is increased two-fold.



Libifem®

This fenugreek extract recently won gold at the NutraIngredients-Asia Awards, taking the crown for the Specialty Award for Innovation in Women's Health. It has been studied at a dose of 300mg twice/day and shown to:

- Balance levels of oestradiol
- Reduce hot flushing
- Improve libido



KSM-66 Ashwagandha®

Ashwagandha has been used traditionally for millennia and a 600mg dose of KSM-66 Ashwagandha® has been clinically shown to:

- Help improve quality of sleep
- Help improve sexual function in women
- Help decrease stress and anxiety
- Help manage weight management in adults under chronic stress
- Help enhance general memory function and executive function, attention and processing speed



Other notable ingredients

- Soy isoflavones and Red Clover Extract both contain isoflavones which are a class of phytoestrogens and can bind to the same receptors as oestrogen can, decreasing some of the symptoms associated with menopause
- Hyaluronic Acid can help improve skin elasticity and hydration
- Cranberry Extract and D Mannose can help to relieve UTIs which are more common during menopause
- Biotin for access to the health claim "contribution to the maintenance of normal mucous membranes"
- Our Core Chelate® range of bisglycinates for access to bone, skin, hair and nail claims



For more information, please email enquiries@cambridgecommodities.com